



For Vascular Laser Clients:

With Vascular treatments the laser targets is hemoglobin which is color of the blood; Laser beam catches this color and dissolves the veins or vessel. We are able to treat Leg Spider Veins, facial veins/capillaries, Cherry Anginomas, Port Wine Stains.

Each time a client has approximately 50% of reduction of the condition they came with.

PRIOR TO LASER VASCULAR TREATMENT

- No sun exposure at least 2 weeks before treatment.
- No self tanner creams or sprays on the area being treated.

PAIN PREVENTION

- Take 2 Tylenols 30 min before treatment, NOT Advil, Aspirin or Ibuprofen (blood thinners, increase the chance of bruising).
- Emla Cream (\$80 in Pharmacy) or Zensa Cream (\$35 in our premices) (topical anesthetic) should be applied on the target area 1 hour before the treatment (thing layer) and covered with Saran Wrap.
- Treatment can be more painful a week prior to your period and first four days (due to hormonal misbalance).

BRUISING PREVENTION

- Orally Arnica Homeopathic pills or Bromenlane (pineapple enzyme) 3-4 days prior to treatment.
- Topically apply Arnica cream to target area 2 times/day to aid in healing after treatment.

POST LASER VASCULAR TREATMENT

- Local swelling, bruising, blistering, redness and heat in the area treated are common.
- Ice Packs or wet cold towels on treated area may be applied.
- No sun exposure 2 weeks after treatment. It may lead to pigmentation where the vein was treated.
- Do not heat up your body with hot baths, sauna for 2 weeks after treatment. Avoid vigorous exercises (at least for 4 days). Fast walking is OK.
- Blisters are a possibility, treat by applying Polysporin and don't pick the scabs up.

POST CARE FOR FACIAL TREATMENT

- Swelling can last up to 2 weeks after treatment.
- May take an Antihistamine (Benadryl) to help with swelling.
- Blisters are also possible on the face treat with Polysporin.
- Do not apply Arnica cream to the face it can be drying to the skin.
- To prevent the swelling: sleep with an elevated head and reduce water consumption after 6:00pm prior to sleep.